Logging Hours of Service (HOS)

Emerging Proficient Commercial Driver Program

Introductory Curriculum

EPCD Collaboration of Construction Businesses

Thanks to the advisory committee for your review and approval and to Fortified Development for the development of this curriculum.

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Let's Get Started

Overview

Understanding and properly recording a driver's hours of service is crucial in maximizing safety and productivity.

Drivers are required to comply with the Federal regulations for hours-of-service which limits a driver's time labeled as on duty, off-duty, and drive time.

Over-the-Road drivers and Construction and Hauling drivers have different regulations.

This course is focused on the Construction and Hauling drivers' requirements.

Overview

- **Logging HOS Training will cover:**

  - **Electronic Logging Devices (ELD)/Ticket Systems:** Overview of ELDs and Ticket Systems to stay complaint with the FMCSA regulations for HOS.

  - **Limits Hours of Services (i.e., medical and driving):** Ensuring drivers understand how the limits and clocks work together to comply with hours-of-service limits.

  - **HOS Exceptions:** We will address the commonly used hours-of-service exceptions that apply to construction/hauling drivers.

  - **Manual Log for HOS:** This training will teach drivers how to successfully complete their manual ticket logs to ensure a construction/hauling driver is showing compliance of their hours-of-service.

- **Training Hour(s): 2 hrs.**

Driver's Must Agree to be in Compliance

Drivers must be in compliance with all FMCSA and State Regulations. The company and all its drivers must understand and comply with the Federal Motor Carriers Safety Regulations (FMCSR) of the US Department of Transportation, parts 40,382,383,390, 395,396,397,399, Subchapter B, Chapter 3, Title 49 of the code of Federal Regulations, as contained in the Federal Motor Carrier Safety Regulations Handbook.

ALL CDL Drivers are required to track their hours!

Limits Hours of Services
## (e.g. medical and driving)

Who is Subject to HOS Regulations

Drivers of a commercial motor vehicle (CMV) that is used as part of a business, is involved in interstate commerce, and fits any of these descriptions:

- Weighs 10,001 pounds or more

- Has a gross vehicle weight rating or gross combination weight rating of 10,001 pounds or more

- Is designed or used to transport 16 or more passengers (including the driver) not for compensation

- Is designed or used to transport 9 or more passengers (including the driver) for compensation

- Is transporting hazardous materials in a quantity requiring placards

The HOS Rules for Commercial Drivers

- 11-hour driving rule

- 14-hour on-duty shift rule
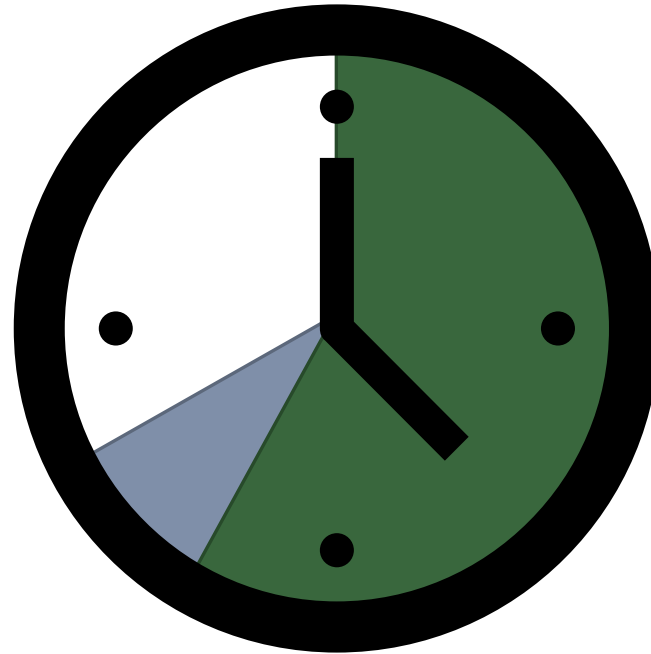
Exceptions for HOS

Changes to HOS Exceptions

- **Short-Haul Exception**
  Expands the short-haul exception to 150 air-miles and allows a 14-hour work shift to take place as part of the exception.

- **Adverse Driving Conditions**
  Expands the driving window during adverse driving conditions by up to an additional 2 hours.

Short-Haul Exception

Operate within a 150 air-mile radius

Not exceed a maximum duty period of 14 hours

Start and end shift in the same location

Have at least 10 hours off (property) between shifts

Include on the manual ticket:
The start and end times for the day
The total number hours on-duty

Short-Haul Exception

○ Carriers using the short-haul exception are **not required to:**

    ○ Keep a record of duty status (RODS) in a graph grid or ELD

    ○ Take a 30-minute break ([§ 395.1(e)(1)](#)) after 8 cumulative hours of driving

Short-Haul Exception Logs

Drivers are not required to fill out a log with a graph grid or use an Electronic Logging Device (ELD) while operating under the short-haul exception; they can use a time record instead

- Employer must record the driver's time in, time out, and total number of hours per day
  - Records must be maintained for 6 months
  - For new hires or drivers used intermittently (§ 395.8(j)(2)), time record must include the total time for the 7 preceding days
- When a driver no longer meets the exception (drives too far/works too many hours), the driver must complete a regular log or use an ELD for the day (§ 395.8)
  - If driver is required to complete a log:
    - **8 or fewer days** within the last 30 days ► driver can use **paper log with a graph grid**
    - **More than 8 days** within the last 30 days ► driver must use an **ELD/Ticket System** to record time for that day

Adverse Driving Conditions Definition

Adverse driving conditions means snow, ice, sleet, fog, or other adverse weather conditions or unusual road or traffic conditions that were not known, or could not reasonably be known, to a driver immediately prior to beginning the duty day or immediately before beginning driving after a qualifying rest break.
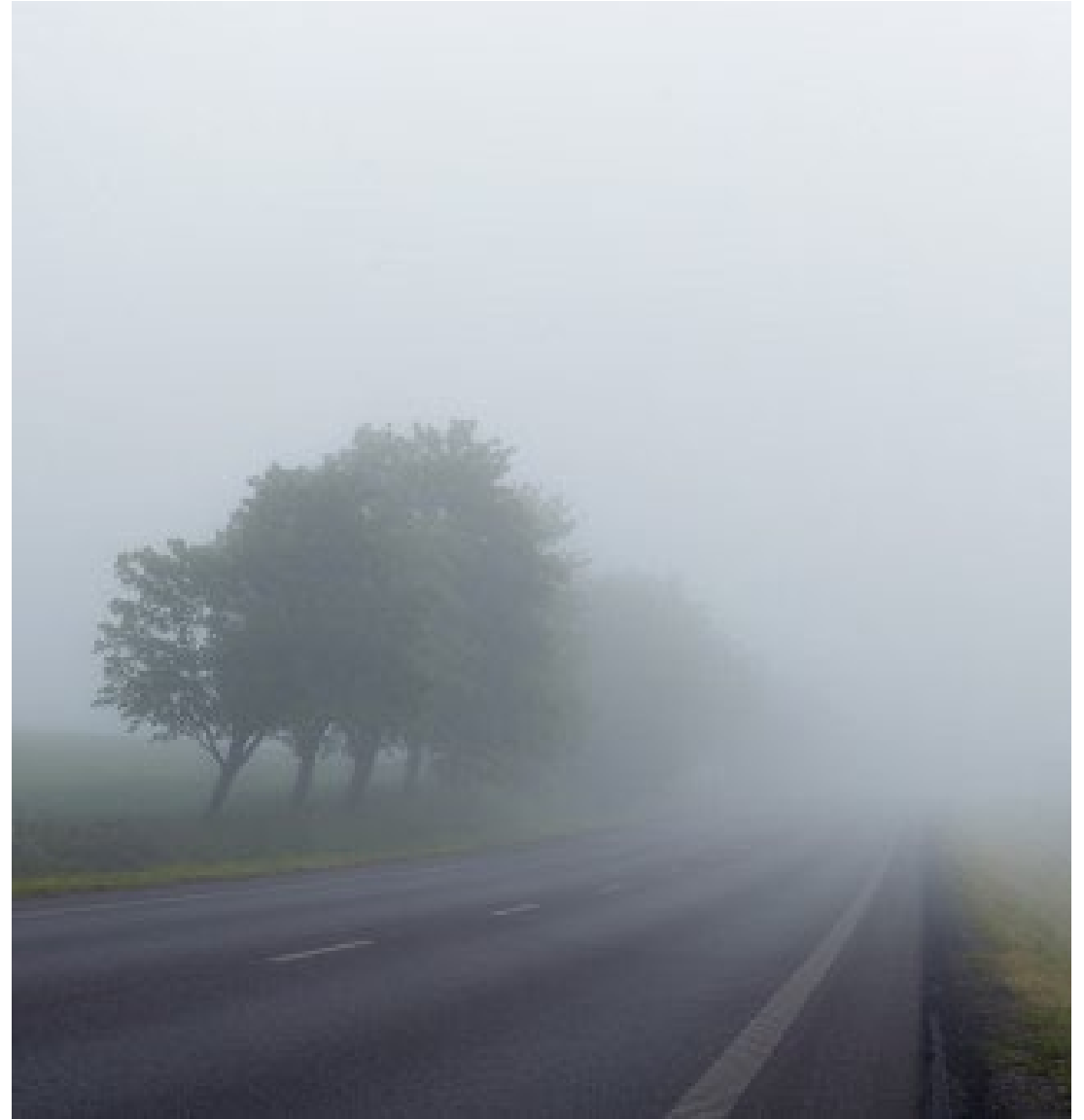
Adverse Driving Conditions Change

- Drivers can extend duty day and driving time by up to 2 hours when adverse driving conditions are encountered

  - Up to 2-hour extension applies to both:

    - Property carrier 14-hour driving window ([§ 395.3(a)(2)](§ 395.3(a)(2)))/11-hour driving limit

- This can only be used when:

  - The run could have been completed withing HOS hours under normal circumstances

  - The driver and dispatcher had no prior knowledge of potential adverse driving conditions.

ELD/Ticket Systems Overview

Ticketing Systems for Hauling CDL Drivers

Trucking tickets are a customer/company specific method of tracking what type of hauling the driver is performing. Manual tickets are used to track data such as:

- Hours
- Log cycle time
- Commodity
- Driver
- Truck

- If working on a certified project, information from Manual ticket is manually entered into a certified payroll software such as LCPtracker (www.lcptracker.com) by your employer.

- These trucking tickets are separate from time cards.

Importance of ELDs

FMCSA estimates that Electronic Logging Devices (ELDs) will result in:

- 1,844 crashes avoided annually

- 562 fewer injuries per year

- 26 lives saved each year

ELD Systems are mainly used by OTR drivers.

However, if you exceed the Short Haul Exception more than 8 days *within the last 30 days, you must use an* ***ELD/Ticket System*** *to record time for that day*

Manual Log for HOS

Show manual HOS book

- For OTR drivers, if your ELD isn't working, you are required to keep a manual log book to track your time.

Time for Hands On!